

**January High School Lunch Menu  
High School**

**Clarinda High School**

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|--|---|---|
| 1  | 2   | 3  | 4   | 5   |
|  |   |  | Pizza, Taco, Fiestada<br>Pulled Pork/WG Bun<br>Carrot, glazed<br>Baked Beans<br>Applesauce Cup<br>Apricots<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese  | Chicken Drumstick<br>Breaded Chs Sticks/Sauce<br>Cauliflower and Cheese Sa<br>uce<br>Steamed Peas<br>Peaches<br>Pears<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese                           |
| 8  | 9   | 10   | 11  | 12  |
| Breaded Chicken or Buffalo<br>Chicken /Bun<br>French Bread Pizza<br>Italian Blend Veg<br>Corn<br>Kiwi Fruit<br>Fruit Juice, asst<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese | Beef Patty<br>Italian Dunkers-HS<br>Baked Beans<br>Spinach Salad<br>Cuties Oranges<br>Grapes<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese  | Footlong Dog on Bun<br>Chef Salad Bar<br>Carrot, baby<br>Celery & Peanut Butter<br>Cinnamon Apples, warm<br>Banana<br>Chili and Cheese<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese | Bosco Sticks and Sauce-2<br>Chicken Tenders<br>Salad with Mixed Greens<br>Pepper Strips<br>Mandarin Oranges<br>Mixed Fruit<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese                        | Pizza Cheese Crunchers<br>Chicken Alfredo Pasta<br>Corn, creamed<br>Winter Mix Veg<br>Pineapple Tidbits<br>Fresh Strawberries<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese<br>Breadstick, WG |
| 15   | 16  | 17   | 18  | 19  |
| No School - Professional Development   | Breakfast - Breakfast Pizza<br>Turkey on a Pretzel Bun<br>Hash Brown Patty<br>Cucumbers<br>Banana<br>Peaches<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese  | Pork Loin on WG Bun<br>Chicken Fajita Salad Bar<br>Potato Cubes<br>Green Beans<br>Pears<br>Mandarin Oranges<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese<br>Brownie                 | BBQ Rib on WG<br>Shrimp Bites<br>Carrot, diced<br>Baked Beans<br>Kiwi Fruit<br>Mixed Berry Cup<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese<br>Shrimp Sauce                                    | Pepperoni Pizza<br>Orange Chicken & Rice<br>Broccoli, fresh<br>Cauliflower, steamed<br>Pineapple Tidbits<br>Orange Smiles (4)<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese                   |
| 22   | 23  | 24   | 25  | 26  |
| Chicken Nuggets<br>Uncrustable/String Cheese<br>Corn, creamed<br>Winter Mix Veg<br>Tropical Fruit Cup<br>Apricots<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim  | Corndog on a Stick/Chips<br>Grilled Cheese on Texas Toast<br>Chicken and Noodle Soup<br>Baked Beans<br>Pasta and Grilled Veggies<br>Applesauce, Straw. Cup<br>Mixed Fruit<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese | Taco<br>Oriental Chicken Salad Bar<br>Refried Beans<br>Spanish Rice<br>Pepper Strips<br>Banana<br>Pineapple Tidbits<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese                    | Popcorn Chicken Bowl<br>Crispitos/cheese HS<br>Corn<br>Italian Blend Veg<br>Pear, fresh<br>Orange Smiles (4)<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese<br>Mashed Potatoes<br>Gravy, Chicken | Quesadilla<br>Hot Ham & Cheese<br>Three Bean Salad<br>Salad with Mixed Greens<br>Grapes<br>Apple, slices.<br>Tea Roll WG<br>Milk Skim<br>Milk, chocolate skim<br>Uncrustable & Cheese                                       |

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Pizza, Variety  
Pasta and Meat Sauce  
Carrot, baby  
Steamed Peas  
Mandarin Oranges  
Apple Juice  
Raisels  
Tea Roll WG  
Milk Skim  
Milk, chocolate skim  
Uncrustable & Cheese  
Breadstick, WG

30

Chicken Rings-6  
Bratwurst on Bun  
Corn  
Baked Beans  
Peaches  
Tropical Fruit Cup  
Tea Roll WG  
Milk Skim  
Milk, chocolate skim  
Uncrustable & Cheese

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Brk.-Sausage/Egg/Chs San  
dwich  
Taco Salad Bar  
Green Beans  
Spudsters  
Banana  
Applesauce Cup  
Tea Roll WG  
Milk Skim  
Milk, chocolate skim  
Uncrustable & Cheese

**MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCTS**